



Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., MPH  
State Surgeon General

For Immediate Release  
July 1, 2009

Media Contact: Candy Sims, Public Information Officer  
(954) 467-4784 Office  
(954) 895-5745 cell/blackberry

## H1N1 Swine Flu Update

[www.browardchd.org](http://www.browardchd.org)

**Broward County**—Today Broward County Health Department received confirmation of the death of a 58 year old male from H1N1 Swine Flu. This is Broward County's first laboratory confirmed H1N1 swine flu death.

"Our hearts and prayers go out to the family and friends of this gentleman," said Dr. Paula Thaqi, Director of the Broward County Health Department. "Fortunately, most cases of swine flu are still mild. All of us should continue to take precautions to prevent the spread of swine flu and respiratory illnesses."

The Broward County Health Department recommends:

- People with respiratory illness should stay home from work or school to avoid spreading infections, including influenza, to others in the community;
- Avoid close contact with people who are coughing or otherwise appear ill;
- Avoid touching your eyes, nose and mouth;
- Wash hands frequently to lessen the spread of respiratory illness;
- People experiencing cough, fever and fatigue, possibly along with diarrhea and vomiting, should contact their physician/health care provider;
- Cough or sneeze into a tissue or into your upper sleeve, not your hands and put your used tissue in the waste basket;
- If you think you have influenza, please call your health care provider and discuss whether you need to be seen.

Broward County Health Department continues community surveillance and outreach to physicians, hospitals, other health care professionals and community partners.

More information is provided at:

Broward County Health Department, [www.browardchd.org](http://www.browardchd.org), Florida Department of Health [www.doh.state.fl.us](http://www.doh.state.fl.us) or Centers For Disease Control and Prevention, [www.cdc.gov/swineflu](http://www.cdc.gov/swineflu).

###