

**Broward County Health Department
TEEN HEALTH CENTER PROGRAM**

The Teen Health Center Program was established out of a need to increase services and reduce pregnancies and sexually transmitted diseases in Broward County's teen population. The center is designed to serve as a resource to address the health needs of teens and empower them to take more responsibility for their health. The teen center program is based on a "non-medical" model and is a place for teens to learn about their health and other issues that directly affect them. The goal of the program is to reach teens early with health education and clinical services, which will serve as a foundation for informed decision-making to protect them against pregnancy, disease, and improve and maintain overall health and wellness.

The Teen Health Center operates in an informal setting allowing teens to communicate, learn and receive health information in a personal and confidential manner. Medical and educational services are provided and include, but are not limited to, complete physical exams, health screenings/treatment, HIV counseling and testing, birth control options, pregnancy tests, social services, and information relating to nutrition and health education/risk reduction. Presentations are scheduled at the centers and address topics such as sexuality, self-esteem, risk reduction, drug use/abuse, abstinence, healthy relationships, etc. In addition, health educators facilitate individual and group rap sessions, encouraging interaction and peer support.

All services offered at the Teen Health Center are confidential and free or low cost.