

**Nutrition and Fitness Taskforce Roster**

Contact Names	Organization	Ph#/Email	Population Served	Summary of Services Provided
<p><b>Deborah A. Mulligan MD</b>            President, Florida Chapter American Academy of Pediatrics (2003 - 2005)            Director, Institute for Child Health Policy            Professor of Pediatrics</p> <p><b>Michelle A. Doldren MPH</b>            Research Scientist</p>	<p>Institute for Child Health Policy at Nova Southeastern University</p>	<p><a href="mailto:dams@ichp.nova.edu">dams@ichp.nova.edu</a>            954-262-1940</p> <p><a href="mailto:mad@ichp.nova.edu">mad@ichp.nova.edu</a>            954-262-1932</p>	<p>Four generations: children and families</p>	<p>Staff of the Institute for Child Health Policy at Nova Southeastern University brings diverse medical, academic, and cultural backgrounds together to focus on several areas for children and their families that are often under-addressed or overlooked. Current areas of research include:</p> <ul style="list-style-type: none"> <li>• Children with Special Healthcare Needs</li> <li>• Disaster medicine (All Hazards, Bioterrorism)</li> <li>• Global Health Issues</li> <li>• Health Care Access, Cost, Disparities and Utilization</li> <li>• Media and advertising impact on children/youth and families</li> <li>• Mental health awareness and education for primary care providers</li> <li>• Minority Health</li> <li>• Nutrition and Fitness</li> <li>• Pediatric Emergency Medicine/Emergency Medical Services for Children</li> <li>• School Health Unintentional Injury Prevention (Drowning)</li> <li>• Prevention, SAFE Communities</li> <li>• Violent injury prevention, Domestic Violence Prevention and Youth Suicide Prevention),</li> </ul> <p>Staff members are experts in academics, disaster medicine, emergency medicine, public health, pediatrics, psychology, statistics and system analysis, program planning, implementation, research and evaluation. Examples of projects that can be performed are:</p> <ul style="list-style-type: none"> <li>• Assist in the coordination of local and national research designs</li> <li>• Identify emerging research areas, write grants, develop budgets and administer/implement projects</li> <li>• Design and facilitate research , evaluation projects, data management and analysis</li> <li>• Write and present the results of interdisciplinary research and evaluation projects</li> <li>• Summarize statistical results for presentations, reports and publications</li> </ul>

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Arnold Jean-Baptiste Special Project Specialist	Children's Services Council of Broward County	954 377-1000 Cell 954 649-8670 <a href="mailto:ajbaptiste@cscbroward.org">ajbaptiste@cscbroward.org</a>	Youth Ages 0-20 years Special Needs Youth up to 21years	<p>Planning, Coordination and funding of services for and on behalf of the children of Broward County</p> <p>Determination of community needs in children's services</p> <p>Provision of financial and staff support for Broward's anti-hunger effort</p> <p>Provision of quality training opportunities for Broward's children service providers</p> <p>Special needs program opportunities, education, and guidance to Broward County Population</p> <p>Agency Capacity Building Education and Training</p>
Mary Macomber  Arnold Jean-Baptiste	CCB Million Meals COMMITTEE	MARY: 954-755-9493  JB: 954-377-1000	All of Broward County	<p><b><u>Mission:</u></b></p> <ul style="list-style-type: none"> <li>• <b>To eradicate hunger in Broward County through the collaboration of member organizations</b></li> <li>• <b>To Improve nutrition among Broward County residents</b></li> </ul>
Eleanor Adler, President	Broward County Council, Parent Teachers' Association (PTA)	<a href="tel:954-435-5344">954-435-5344</a> <a href="mailto:Eadler790@aol.com">Eadler790@aol.com</a>	60,000 PTA members in PTA schools in Broward County (there are 170 schools that are Parent- Teacher Associations in Broward County.)	<p>PTA advocates on behalf of every child with one voice. At the Council, State and National PTA we have a voice in Tallahassee and in Washington on health, education and safety issues. The Mission of PTA is three-fold:</p> <ul style="list-style-type: none"> <li>• To support and speak on behalf of children and youth in the schools, in the community and before governmental bodies and other organizations that make decisions affecting children;</li> <li>• To assist parents in developing the skills they need to raise and protect their children; and</li> <li>• To encourage parent and public involvement in the public schools of this nation.</li> </ul>

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Mary E Medina	Funfitsports.net Commit 2B Fit	561 347-0576 <a href="mailto:funfitsports@adelphia.net">funfitsports@adelphia.net</a> et <a href="mailto:commit2bfitfoundation@adelphia.net">commit2bfitfoundation@adelphia.net</a>	All Age Groups	<p>The <b>Fun Fit Sports</b> mission is to promote physical activity and fitness at every level and in <b>All Walks of life</b> in a special way.</p> <p>Commit 2B Fit™ is dedicated to affecting positive change in children by encouraging increased physical activity levels and better nutrition. By providing a <u>fully integrated</u> school, family and community supported program, Commit 2B Fit™ educates and motivates children to create habits that will lead to a healthier, longer life.</p> <p>Commit 2B Fit™ is easily integrated into after school programs and City and County Park and Recreation Department Activities.</p>
Jose Aquino	Staywell Health Plan	954-670-6227 <a href="mailto:jose.aquino@wellcare.com">jose.aquino@wellcare.com</a>	Medicaid (adult & children) & Kid Care Eligible children	<ul style="list-style-type: none"> <li>• Comprehensive health care benefits</li> <li>• Vision, dental, and hearing services</li> <li>• Family Planning Services including birth control and counseling</li> <li>• Large network of private doctors plus unlimited outpatient hospital services</li> <li>• Unlimited doctor visits with no co-pay</li> <li>• 24-hour Nurse Hotline to answer medical questions</li> </ul>
Tracy Herzog, Memorial Regional Hospital  Rob Herzog, Memorial Hospital West	Memorial Healthcare System  Memorial Health and Fitness Centers	(954) 985-5800  (954) 433-7125	All ages	<p>MHS's Fitness &amp; Rehabilitation Centers are safe, medically based environments with casual, comfortable, family-oriented atmosphere; convenient hours; friendly, licensed exercise professionals; and equipment.</p> <p>Services include:</p> <ul style="list-style-type: none"> <li>• Exercise classes and specialized fitness programs for adults and kids</li> </ul>

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				<ul style="list-style-type: none"> <li>• Medically supervised programs for cardiac rehabilitation patients</li> <li>• Weight reduction and management programs</li> <li>• Stress reduction and relaxation classes</li> <li>• Fitness evaluations and health risk screenings</li> <li>• Nutritional counseling</li> <li>• Childcare services 6 days a week</li> <li>• Massage therapy</li> <li>• Bilingual assistance</li> </ul> <p><u>For Children:</u>  <b>Shapedown</b> — 10 weeks of scheduled exercise specifically designed for kids ages 6 to 12 — offers physical fitness education and motivation.</p> <p><b>Kidz Klub</b> - an exercise program using kid-sized equipment to help 6- to 11-year-olds enhance endurance, flexibility and coordination</p> <p><b>Cardio Kids</b> - a multifaceted exercise program focusing on fitness and fun for kids ages 6 to 12</p> <p><b>Memorial H.E.A.T. (Healthy Eating for Active Teens)</b> - a personalized program combining healthy eating and personal training, designed for teens ages 13 to 18.</p> <p><u>For Adults:</u>  <b>Nutrition Services</b> – meet with a Registered Dietician for a nutrition assessment and consult to set personal nutritional goals that will help you realize your health and fitness goals (cardiovascular, weight management, per-menopausal symptom management, vegetarian, and sports nutrition).</p> <p><b>Healthy Habits</b> – 8 weeks to a healthier you, an easy step-by-step approach to putting together a healthy lifelong eating &amp; fitness plan.</p> <p><b>Body Quest Plus</b> offers a custom-designed program to help meet one’s fitness goals and obtain optimal results. The team includes</p>

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				Exercise Physiologists, a Registered Licensed Dietician, Certified Personal Trainers and a Lifestyle Coach.
Karen Fleuridor	Joe DiMaggio Children's Hospital	(954) 985-6979	Children	<b>F.A.N. Club</b> helps children modify their eating habits. A licensed nutritionist structures an individualized diet for each child, detailing caloric intake and outlining daily menus. A nurse practitioner also works with family members as a "coach" to educate them about proper cooking and food shopping. A pediatric psychologist provides an evaluation and individual counseling to identify and address any psychological issues. The goal of the F.A.N. Club goes beyond weight loss; our goal is to teach children how to modify their eating and physical activity habits while building a more positive body image.
Susan Riegel  Candi Pettinger	Memorial Senior Partners	7031 Taft Street 954-963-8030  1726 E. Hallandale Beach Blvd 954-457-0501	Persons age 50 and above	A social and wellness program designed especially for adults age 50 or over. A one-time fee of \$25 allows you to choose from a variety of activities every month. Activities include: Exercise and dance classes, Lectures and seminars, Health screenings, Arts and crafts, Travel and luncheon trips, Bingo and card games, and Movies and special events.
Shari Lieberman, Ph.D., CNS, FACN	Self	917-299-8539 <a href="mailto:drshari@mindspring.com">drshari@mindspring.com</a>	All Ages	<ul style="list-style-type: none"> <li>• Research design and implementation in the field of nutrition and nutraceuticals, private practice, industry expert and media expert in the field of nutrition.</li> <li>• Author of numerous books for the lay public and scientific papers in peer reviewed scientific journals.</li> <li>• Founding Dean New York Chiropractic College's MS Degree Program in Applied Clinical Nutrition. Developed all courses and staffed faculty.</li> </ul>

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Ellen Feiler  Kathleen Welch	Broward County Health Department	(954) 467-4807 <a href="mailto:Ellen_feiler@doh.state.fl.us">Ellen_feiler@doh.state.fl.us</a>  (954) 762-3646 <a href="mailto:Kathleen_Welch@doh.state.fl.us">Kathleen_Welch@doh.state.fl.us</a>	Broward County residents and visitors	Comprehensive public health services are provided by the agency. The Health Education Section provides community education on all public health related topics.
<b>Ron Kauffman, CSA</b> President/CEO	Senior LifeStyles Intelligent Talk Radio, Inc.	Office: 561-626-4481 Cell: 561-818-0039	Boomer/Senior	<p>Senior Lifestyles Intelligent Talk Radio, Inc. exists to advance the education, health and social welfare of seniors in South Florida through public service radio and on-site community based programs.</p> <p>In partnership with other Taskforce members, City and County Agencies, Senior LifeStyles will provide "LifeStyles for Longevity," a nutrition-based health program, to seniors at locations where they congregate, such as senior centers, daycare programs and senior communities within Broward and other Counties throughout south Florida.</p> <p>The goals of the program are:</p> <ul style="list-style-type: none"> <li>• To educate seniors about the benefit of food choices and exercise in preventing and treating diet-related disease;</li> <li>• To increase the awareness of professionals who provide services to seniors;</li> <li>• To increase the awareness of caregivers who care for seniors;</li> <li>• To reduce the costs of healthcare among seniors and to improve the overall quality of life for seniors.</li> </ul> <p>The first program of several programs to be provided in the LifeStyles for Longevity" Series is called "Eat Smart, Move More."</p>

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University of FL/ Broward County Extension Brenda Marty Jimenez	3245 College Avenue Davie, FL 33314	954 370-3725 X251 <a href="mailto:bjimenez@broward.org">bjimenez@broward.org</a>		Miscellaneous nutrition, fitness and weight control programs. Provides various nutrition and fitness related educational programs for the County. Recently sponsored a Nutrition and Fitness Book Mark contest. The purpose of this contest is to increase the awareness of nutrition and fitness among all Broward County students.
Cheryl Rivera	USTA (United States Tennis Association)	954-530-1372 <a href="mailto:rivera@florida.usta.com">rivera@florida.usta.com</a>	Broward County children/adult /senior	Promote and develop tennis programs in: <ul style="list-style-type: none"> <li>• School</li> <li>• Workplace</li> <li>• Parks and Recreation</li> <li>• After school providers</li> </ul> Service Organizations i.e. Boys and Girls Clubs
<u>Lori Kessler</u> <u>Nikki Gourdet</u>	<u>NBHD – Disease State Management Program</u>	<u>954-767-5623</u> <a href="mailto:lkessler@nbhd.org">lkessler@nbhd.org</a>  <u>954-759-7458</u> <a href="mailto:njean-pierre@nbhd.org">njean-pierre@nbhd.org</a>	Broward County Resident who have Diabetes, Asthma, Hypertension , Congestive Heart Failure, HIV/AIDS, Maternal Child or Breast Cancer, who are unfunded or who have the South Florida Community Care	Dedicated Nurses and Respiratory Therapists work directly with those patients diagnosed with chronic illnesses, such as diabetes, asthma, hypertension, congestive heart failure, HIV/AIDS, maternal child or breast cancer. These patients are identified via the hospital, emergency department, or primary clinics and require the knowledge to help them better manage their medical conditions. This is done in classroom settings, on a one-on-one basis, with the health care professional and in support groups.  The Health care professionals in the Disease State Management (DSM) Program also monitor key quality indicators to ensure that the patients are receiving the necessary care and medical management, such as eye examinations, laboratory tests, routine visits with their primary care provider and referrals to the specialists as indicated. Patients form bonds with the DSM Case Manager giving them open access to a health care provider, in order to help them understand their medications, side affects and any other concerns that they might have.  DSM is also done by phone or in person while the patients are meeting their appointments, having labs drawn, or picking up their

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			Network / Provider Service Network, a Medicaid Option.	medications. The DSM Case Managers are all culturally sensitive. Patients are assigned to Case managers based on their primary language. The DSM Case Managers speak, English, French, Creole, Spanish and Portuguese.
<p>Broward County Dietetic Association</p> <p>Michelle Stewart RDLD/N</p> <p>Consultant with the Coca-Cola Company</p> <p>Nutrition Coordinator – Zachariah Family Wellness Pavilion Holy Cross Hospital</p> <p>VISTA Healthplan</p>	<p>1050 Satin Leaf St Hollywood,FL 33019</p>	<p>Office: 954-927-9062</p> <p>Mobile: 954-547-5382</p> <p><a href="mailto:mstewart10811@bellsouth.net">mstewart10811@bellsouth.net</a></p>	<p>School age children</p>	<p>Annual National Nutrition Month Poster Contest Broward County Dietetic Association</p> <p>LIVE IT! STEP WITH IT FIT IT IN The Coca-Cola Company</p> <p>WEIGHT MATTERS Zachariah Family Wellness Pavilion-Holy Cross Hospital</p> <p>HEALTH FAIRS VISTA Healthplan</p>
<p>Andy Ansola</p>	<p>Broward Caribbean Carnival Inc. President/CEO</p>	<p><b>954-274-7233</b> <a href="mailto:andy_ansola@yahoo.com">andy_ansola@yahoo.com</a> <a href="http://www.caribbeancarnival.org">www.caribbeancarnival.org</a></p>	<p>Children and Adults</p>	<p>Develop and maintain cultural education and programs for children and adults.</p>
<p>Ann Chickowski</p>	<p>Broward Meals on Wheels</p>	<p><b>954-731-8770 ext 109</b> <a href="mailto:ann954@bmow.com">ann954@bmow.com</a></p>	<p>≥60 years of age.</p>	<p>Congregate, home delivered meals, nutrition education and counseling.</p>

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<p>FLIPANY Lynne Kunins Executive Director Krista Casazza PhD. Nutrition &amp; Dietetics</p>	<p>15007 SW 10<sup>th</sup> Street Sunrise, FL 33326</p>	<p><b>954-854-6416</b> <a href="mailto:info@flipany.org">info@flipany.org</a> <a href="http://www.flipany.org">www.flipany.org</a></p>	<p>All ages.</p>	<p align="center"><u>Operation Frontline Eat Right</u> Nutrition, meal preparation, food safety, budgeting skills, and Physical Activity classes for low income adults. Available in Spanish, Creole, Russian, and French (6 weeks)</p> <p align="center"><u>Operation Frontline The Power of Eating Right</u> Nutrition, meal preparation, food safety, budgeting skills, and Physical Activity classes for Teens. (6 weeks)</p> <p align="center"><u>Operation Frontline Side by Side</u> Nutrition, meal preparation, food safety, budgeting skills, and Physical Activity classes for Parents accompanied by a child. (4 weeks)</p> <p align="center"><u>Operation Frontline Kids Up Front</u> Nutrition, meal preparation, food safety, budgeting skills, and Physical Activity classes low income children 8-12. (6 weeks)</p> <p align="center"><u>Operation Frontline Eating Well</u> Nutrition, meal preparation, food safety, budgeting skills, and Physical Activity classes for adults living with HIV/AIDS. (6 weeks)</p> <p align="center"><u>PLAN B</u> Nutrition and Physical Activity programs for youth and their families (up to 36 weeks)</p>
<p>Maude Heurtelou MS, LDN Senior Public Health Nutritionist</p>	<p>Broward County Health Department/ Comprehensive Nutrition School Health</p>	<p><b>954-467-4923</b> <a href="mailto:maude.heurtelou@do.h.state.fl.us">maude.heurtelou@do.h.state.fl.us</a></p>	<p>Primarily Full Service Schools and 3<sup>rd</sup> Graders</p>	<p>Planning and implementing comprehensive nutrition education age-appropriate classes for students from Kindergarten to middle school. Assist parents and teachers in basic nutrition knowledge. Provide individual counseling per referral.</p>

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Regine Kanzki MPH Director, Community Impact for Promoting Health and Wellness.	United Way Broward County Ansin Building 1300 S. Andrews Ave, Fort Lauderdale Florida. 33316	954-462-4850 ext107 <a href="mailto:rkanzki@unitedwaybroward.org">rkanzki@unitedwaybroward.org</a>		Funding, community collaboration.
Mrs. Joyce P. Jordan	Boys & Girls Clubs of Broward County	(954)797-7097  Or  (954)967-8787 Or (954) 731-3552  <a href="mailto:jjordan@BGCBC.org">jjordan@BGCBC.org</a> <a href="mailto:sugarcookies6940@aol.com">sugarcookies6940@aol.com</a>	<a href="http://www.bgcbc.org/">www.bgcbc.org/</a>	<p align="center"><b><u>CORE PROGRAMS</u></b></p> <p>Boys &amp; Girls Clubs activities are organized into five core programs:</p> <ol style="list-style-type: none"> <li>1. <u>Character &amp; Leadership</u> - youths are encouraged to support and influence their club and community, sustain meaningful relationships with others, develop a positive self-image and participate in the democratic process.</li> <li>2. <u>Education &amp; career Development</u> – activities with adult guidance enable youths to become proficient in basis educational disciplines, embrace technology to achieve success in a career.</li> <li>3. <u>Health &amp; Life Skills</u> – Young people are taught to engage in positive behaviors that nurture their own well-being, set personal goals and live successfully as self- sufficient adults.</li> <li>4. <u>The Arts</u>- Creative art programs encourage creativity and cultural awareness through knowledge and appreciation of visual arts, crafts, performing arts, and creative writing.</li> <li>5. <u>Sports, Fitness and Recreation</u> – youth participate in programs of fitness; learn to make positive use of leisure time; develop skills for stress management; learn appreciation for the environment and develop social skills.</li> </ol> <p align="center">All five of these programs areas are conducted in groups and individual settings. There is an activity for every boy &amp; girl and every activity stresses positive self-image. Monthly community health fairs at a Boys and Girls Club open to all ages.</p>

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Prince Jones Jr. LD/N Senior Public Health Nutritionist Adolescent Health	Broward County Health Department Comprehensive Nutrition Adolescent Health	954-467-4448 <a href="mailto:prince_jones@doh.state.fl.us">prince_jones@doh.state.fl.us</a>	Ages 13 – 19.	Three teen health clinics at the Broward County Health Department provide education in the areas of sexually transmitted diseases, pregnancy, peer pressure, nutrition weight loss, weight gain and overall health.
Deborah R. Gavilan, Ph.D.	Before and After School Child Care	754-321-3330 fax 754-321-3333	Elementary, middle and high school Before and After School Child Care Programs for Broward County Public Schools.	<p>Currently there are over 23,000 children being served in 170 Before and After School Child Care Programs. Programs at elementary schools, middle schools and centers are either School Board operated or are operated by a Private Provider. It is the decision of each school's Advisory Council to recommend the best program that meets the needs of their school. The principal shall select the provider of the school with the Area Superintendent's approval.</p> <p>Children will have the opportunity to have a snack, do their homework with assistance and then participate in several scheduled activities. These will include an academic enhancement, a technology session, creative play or dramatic arts, outdoor activity to enhance fitness and a free choice.</p>